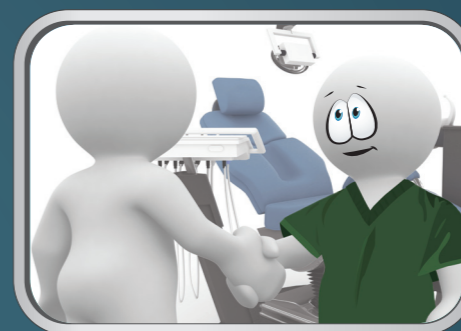
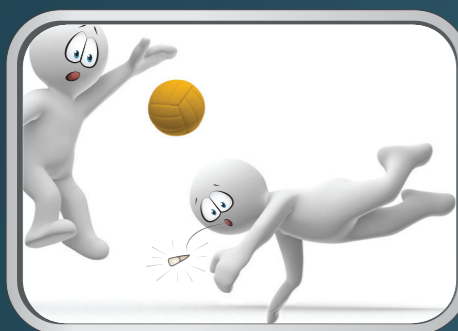


SAVE THAT TOOTH!

A front tooth can be knocked out in accidents, during play, sports, road traffic accidents, falls or fights.

Immediate Action Could Save that Tooth:

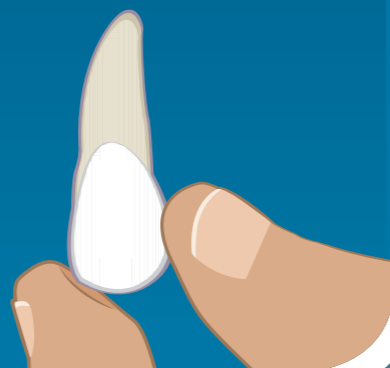


1 Keep Calm!
Make sure that it is an adult tooth; baby teeth should not be put back in.



Telephone the dentist to tell them you're on your way

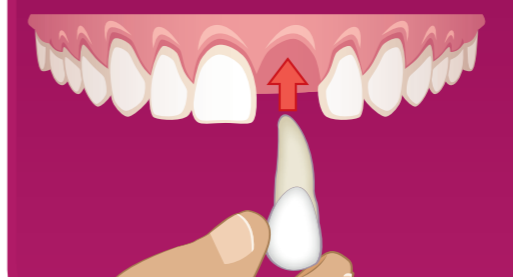
2 Find the tooth and pick it up by the crown (the white part). Avoid touching the root as this can damage the membrane which is essential to saving that tooth.



3 If the tooth is dirty, wash it briefly (10 seconds) using milk, saline solution or cold running water.



4 Replant the tooth, using the teeth at either side of the gap to guide positioning. Once repositioned, the injured person should bite on a handkerchief to hold the tooth in place until the dentist splints it.



Seek emergency dental treatment immediately

5 If the tooth cannot be replanted immediately, it can be carried:

Inside the injured person's mouth, between the teeth and the inside of the cheek



OR

In milk or a special storage medium for knocked out teeth, if available. Avoid storage in water.



Available for download from: www.dentalhealth.ie